

FRIENDSHIP CHRISTIAN SCHOOL PARENT – STUDENT HANDBOOK

OPENING STATEMENTS:

- Friendship Christian School is a direct ministry of Friendship Baptist Church.
- We welcome you and your family to Friendship Christian School. We pray that we can help you to train up your child in the areas of Spiritual, physical and social needs.
- We recognize that keeping the standards and rules in this handbook does not necessarily indicate one's spiritual condition; however, how one reacts to these standards may say much about one's spiritual maturity.
- The administration of FCS retains the right to make changes, amendments, and corrections to the rules and policies of the school at any time, as they see fit, with or without prior notice.
- As a private institution, FCS reserves the privilege of setting and maintaining its own standards of student appearance, conduct, and scholarship. The school maintains the right to suspend or expel any student who violates, on or off campus, the standards set down in the Parent & Student Handbook as defined by the administration.
- **Friendship Christian School does not discriminate on the basis of race, color, nationality or ethnic origin.**

STATEMENT OF FAITH:

- We believe in the verbal inspiration and authority of the Scriptures. We believe that the Bible reveals God, the fall of man, the way of salvation, and God's plan and purpose in the ages.
- We believe in God the Father, God the Son, and God the Holy Spirit.
- We believe that salvation is "by grace" plus nothing and minus nothing. The conditions of salvation are repentance and faith.
- We believe in the Deity, virgin birth, and bodily resurrection of Jesus Christ.
- We believe that men are justified by faith alone and are accounted righteous before God only through the merit of our Lord and Savior Jesus Christ.
- We believe in the visible, personal, and pre-millennial return of Jesus Christ.
- We believe in the everlasting conscious blessedness of the saved and the everlasting conscious punishment of the lost.

DOCTRINAL STATEMENT:

- We believe that the Scriptures of the Old and New Testament [only] were inspired of God, that the original writings were inerrant, and that they are of supreme and final authority. [II Peter 1:21; II Timothy 3:16-17]
- We believe in one God, eternally existing in three persons: Father, Son, and Holy Spirit. [Genesis 1:1; John 10:30; Matthew 28:19; Acts 5:3-4]
- We believe that Jesus Christ was begotten in the flesh by the Holy Spirit, was born of the Virgin Mary. He is eternal. He is God and has no beginning, and is true God and true man. [Isaiah 7:14; Matthew 1:18-25; Colossians 2:9; John 1:14; Galatians 4:4-5; I Timothy 3:16]
- We believe that the Holy Spirit is a person who convicts the world of sin, of righteousness, and of judgment; and, that He is the Supernatural Agent in regeneration, baptizing all believers into the body of Christ, indwelling and sealing them unto the day of redemption. [John 16:8-11; Romans 8:9; I Corinthians 12:12-14; II Corinthians 3:6; Ephesians 1:13-14]
- We believe that man was created in the image of God, that he sinned and thereby incurred not only physical death but also spiritual death which is separation from God, and that all human beings are born with a sinful nature and are now sinners by birth and by choice, positively inclined to evil, and are therefore under just condemnation to eternal ruin without defense or excuse. [Genesis 2:17; Romans 5:12-21; Psalms 51:5; I Corinthians 2:14; Romans 1:20; Genesis 1:26-27]
- We believe that the Lord Jesus Christ died for our sins according to the Scriptures as a representative and substitutionary sacrifice and that all who believe in Him are justified on the ground of His shed blood. [I Corinthians 15:1-4; II Corinthians 5:21; I Peter 2:24; Romans 5:9; I Peter 1:18-19]

- We believe in the bodily resurrection of the body of our Lord, His bodily ascension into Heaven and His bodily presence there for us as High Priest and Advocate. [I Corinthians 15:1-4 & 20-25; Acts 1:9-11; Hebrews 7:25; I John 2:1-2]
- We believe in the “blessed hope” – the personal, bodily, pre-tribulation, pre-millennial, and imminent return of our Lord and Savior Jesus Christ. [II Thessalonians 2; John 14:1-3; Matthew 24:44; I Thessalonians 4:14-18; I Corinthians 15:51-58]
- We believe that all who receives by faith the Lord Jesus Christ are born again by the Word through the ministry of the Holy Spirit and are thereby children of God and are eternally saved. [John 3:3; Galatians 3:24-26; I John 5:13; Romans 8:35-39; John 10:27-29; Hebrews 6:3-6; I Peter 1:23; Romans 10:17]
- We believe that Satan is literal and personal, the agent of the fall, the prince and power of this world, and that he shall be judged and eternally punished. [Revelation 20:1-10; Ephesians 2:1-4; Job 1:9-12; Genesis 3:13-14]
- We believe in the bodily resurrection of the dead, both of the just and the unjust, the eternal conscious punishment of the lost, and the eternal joy of the saved. [Revelation 20:1-10; I Thessalonians 4:16-18; I Corinthians 15:51-54] NOTE: There are two judgments. [Daniel 12:2; John 5:28]
- We believe that immersion is the only form of baptism revealed and commanded in the Scriptures; that it has “NO” saving power, but it is only for those who are already saved; and that the new birth, which comes through repentance and faith in the Lord Jesus Christ, is the scriptural prerequisite to baptism. Therefore, only those who are old enough to believe for themselves should be baptized. [Acts 2:38; Romans 6:3-5; Ephesians 4:5; Matthew 3:13-16; I Peter 3:21]
- We believe that the Lord’s Supper is a memorial of the death of Christ and that only those who have been saved through faith in His atoning blood and are walking in obedient fellowship with Him ought to partake of it. [I Corinthians 11:23-32; Matthew 26:26-28]
- We believe that a New Testament Church is a body of baptized believers, assembled for worship, service, and the spread of the Gospel in all the world. [Acts 2; Acts 1:8; Matthew 28:19-20; Matthew 16:15-18]
- We believe that all the saved are called into a life of separation from all worldly and sinful practices. [Romans 12:1-2; James 4:4; I John 2:15-17]
- We believe that the only legitimate marriage is the joining of one man and one woman; that God has commanded no intimate sexual activity be engaged in outside of marriage; and, that any form of homosexuality, lesbianism, bisexuality, bestiality, incest, fornication, adultery, and pornography are sinful perversions of God’s gift of sexuality. [Genesis 2:24; Romans 7:2; I Corinthians 7:10; Ephesians 5:22-23; Genesis 19:5, 13; Leviticus 18:1-30, I Corinthians 5:1, 6, 9; I Thessalonians 4:1-8; Hebrews 13:4]
- We believe that God has ordained the family as the foundational institution of human society. The husband is to love his wife as Christ loves the church. The wife is to submit herself to the scriptural leadership of the husband as the church submits to the leadership of Christ. Children are a heritage from the Lord. Parents are responsible for teaching their children spiritual and moral values and leading them, through consistent lifestyle example and appropriate discipline, including scriptural corporal correction. [Genesis 1:26-28; Exodus 20:12; Deuteronomy 6:4-9; Psalm 127:3-5; Proverbs 19:18 & 22:15 & 23:13-14; Mark 10:6-12; I Corinthians 7:1-16; Ephesians 5:21-33 & 6:1-4; Colossians 3:18-21; Hebrews 13:4; I Peter 3:1-7]
- We believe the charismatic movement is unscriptural. Feelings are deceiving. God’s Word is complete and that is necessary for total Christian living. (I Cor. 13:10)

FRIENDSHIP CHRISTIAN SCHOOL USES THE KING JAMES VERSION (KJV) BIBLE FOR ALL ACTIVITIES.

MISSION:

Working together with the home in training God's child

VISION:

FCS exists to reach our youth with the gospel of Jesus Christ, to provide a spiritual and academic complement to the work of the Christian home, to assist the fundamental local church in the lives of saved young people, and to encourage young people toward fruitful service for the Lord Jesus Christ. We are accomplishing this by viewing the parents and the church as an integral part of that education; employing a godly, separated, dedicated, and qualified staff; using a Christ-centered curriculum, and utilizing all possible resources that will advance and enhance the educational experience.

PHILOSOPHY OF CHRISTIAN EDUCATION:**▪ PHILOSOPHY OF THE CHRISTIAN HOME:**

The Christian Home is one in which the knowledge of the scriptures and application of biblical principles are a priority. A commitment to Christ and to spiritual growth is evidenced by personal Bible study and prayer and by faithful participation in a local church. Parents endeavor to apply biblical principles in the rearing of their children. All children belong to God and are put under the authority of their parents. It is then the parents' responsibility to educate that child (Deut. 11:18-19; Eph. 6:4, Ps. 78:1-8, Ps. 127:3-5, Prov. 19:27). The parent will be the one judged for the child's education not the school, government, or church. Because of this fact, it is vital that the home be where the education begins. The home needs to be Christian in its manner of attitude, conduct, and worship. It is the parents' decisions to have the church or school take over some of the teaching process and to work hand in hand in developing the child. The school also should be in line with the Christian home.

▪ PHILOSOPHY OF THE CHURCH:

Friendship Baptist Church is an independent, fundamental church that has the mission of "Declaring the Whole Counsel of God." We recognize the scriptures of the Old and New Testaments as the only infallible and inerrant Word of God. We believe there are other local, evangelical churches in our area that produce Godly families. These churches demonstrate this commitment by placing a priority on the preaching and teaching of the Bible. The education should also be consistent with the church. The church will aid in the teaching process through Sunday schools and other ministries (Acts 2:41-42). We desire to come along beside families to educate the students in a Christian manner. Since a biblical commitment to Christ is always accompanied by a commitment to His church, it is expected that every FCS family will faithfully attend a church that will meet its spiritual needs. Students are expected to participate in children's and youth activities.

▪ PHILOSOPHY OF THE SCHOOL:

Christian education begins with the premise that all truth is God's truth. God has revealed the truth about Himself in the scriptures. We discover truth about His creation as we diligently study the natural world and the intangible truths within creation. A high quality, rigorous curriculum is provided with a sense of high expectations, in order to encourage the students to develop their God-given gifts to the fullest. The curriculum is supplemented with many extra-curricular activities such as fine arts, choir, band, drama, computer, athletics, etc. All three of these institutions (home, church and school) should be consistent in their philosophy and what they teach. Deuteronomy 6:5-7 makes it clear that the truths of God should not only be taught at home but also wherever the child goes.

▪ PHILOSOPHY OF THE SAVIOUR:

We must see that creation served the purpose of glorifying God (I Cor. 10:31, Col. 3:17). It is to be recognized that God not only created, but also continues to sustain His creation (Col. 1:17). Man, who was created in the image of God (each one as a unique individual), was His special creation (Gen. 1:27). His creation though has been marred by man choosing to sin (Rom. 3:23). It

is this sin that now makes us an enemy of God (Ps. 51:4, Ro. 8:7). This sin nature is passed on to all men and each man is born with it (Ps. 51:5, Ro. 5:12).

It is only through this Saviour that a right relationship with God can be restored (Ro. 8:1, Ro. 5:1-11). It must then be concluded that the need of redemption is the greatest need of man (Jer. 17:9, Prov. 14:12). This redemption only comes through the acceptance of Christ's sacrifice on the cross (Jn. 14:6). It is through the work of the Holy Spirit that this conviction is expressed (Jn. 16:8-11). Man must realize that without a Saviour, eternity will be spent in hell (Eph. 2:1-3, Rev. 20:11-15).

When our students place their faith in Christ as their personal Saviour, it conveys their understanding that a relationship with God is established by God's grace through personal faith in the work of Christ on the cross. The gospel shapes our relationship with God and with our fellow man. It is at this point that each one can build and live a successful Christian life.

▪ **PHILOSOPHY OF THE FACULTY:**

It is only through the teaching of born-again Christians that spiritual morals can be taught. If the greatest need of man is redemption, then redeemed people need to be teaching it. An unredeemed person obviously does not see the need of a Savior. According to Matthew 28, it is the Christian teacher who is given all authority to teach the Truths of the Word. It is key that this teaching be consistent with the Word of God. In order for this to occur, the work of the Holy Spirit must be acknowledged. A teacher must be in communion with Christ in order to relay the Truths to the students. It is a fact that is inescapable; the world view of the teacher, in so far as he is effective, gradually conditions the world view of the pupil. It is vital that a teacher have a Christian worldview. The gift of teaching requires the teacher to tell others about the Bible and then to live the contents of the Bible in his/her life for others to see. Because of these facts, we only employ born again teachers with the same philosophy as Friendship Baptist Church.

▪ **PHILOSOPHY OF THE CURRICULUM:**

The goals of curriculum will be put into four categories: Word-centered, Bible-integrated, pupil-related and socially-applied.

- Word-centered - The foundation of curriculum must be the Word of God. The Written Word (Bible) and the Living Word (Jesus Christ) must be brought together in order to lead students to develop Christian maturity. By knowing that all truth is God's truth, we have the authority to speak the truth in all classes.
- Bible-integrated - We must apply Biblical principles to every area of the curriculum. In order to develop the whole student, we must make the Bible relate to every area of one's life.
- Pupil-related - The goal has to be that a student will develop to one's fullest potential in one's walk with Christ. This goal is based on the following facts. 1) Each student is a specially, created individual uniquely made in God's image and needs to be taught as such. 2) We must provide nurturing for each child to become all that God intended for that child. 3) Each student develops at a different level and we need to reach each one's needs at his/her level. 4) Our methods need to reflect these unique learning processes and have a variety that will reach each student.
- Socially-applied - Our curriculum needs to look at world, national, and community needs and problems and be able to make them relevant to the students.

SPIRITUAL AND EDUCATIONAL OBJECTIVES:

- To teach so that each student will come to a saving knowledge of Jesus Christ
- To teach so that each student will make a personal commitment to Jesus Christ in his walk of Bible reading, prayer, church attendance, witness, and active Christian service
- To teach so that each student will understand the Bible is the infallible Word of God; the Bible is a practical guide to life and living; and the Bible is the basis of all morals, values, and standards of a Christian's life.

- To teach so that each student will have an understanding that Jesus Christ is central in all areas of life and to follow His example of servant hood
- To teach so that each child learns to stand alone, if necessary, to protect their Christian convictions
- To teach so that each student will apply the principles of faith, and purpose to yield himself to God in submission and obedience to His will as revealed in the Bible on a daily basis
- To teach so that each student will understand it is not in his natural energy but through new life in Christ that he can accomplish his learning
- To teach so that each student will have a thorough instruction in the arts and sciences that he might develop to the glory of God, spiritually, socially, mentally and physically
- To teach so that each student will develop a keen understanding of the fundamentals of God's creation, including all of the academic studies
- To teach so that each student will work effectively with perseverance to reach his full potential
- To teach so that each student will develop within himself an understanding of how to think and to apply oneself
- To teach so that each student will develop in himself the proper attitudes, ideals, habits, knowledge and skills which are necessary preparations for life
- To teach so that each student will have the kind of experiences that will make him a credit to Christ, his church, his community, his nation and himself
- To teach so that each student will develop within himself self-respect, an effective attitude of self-discipline and responsibility
- To teach so that each student will develop proper relational skills with his teachers, classmates, and family

ACCREDITATION, QUALIFICATIONS AND MEMBERSHIPS:

We hold membership in the American Association of Christian Schools, the North Carolina Christian School Association and the National Honor Society. Teachers are certified through the North Carolina Christian School Association. Many of our teachers hold licensure with the State of North Carolina. Friendship Christian School meets the standards set forth by the Fire, Health and Safety Departments of the State of North Carolina.

Friendship Christian School (FCS) has been fully accredited by the North Carolina Christian School Association (NCCSA). The accreditation provides a benchmark for Christian schools which measures standards, performance, integrity, and quality. Schools engage in a voluntary process of self-evaluation against accepted best practices and educational standards. This evaluative process involved the visit of an accreditation team of Christian education professionals who scrutinized the following areas: philosophy and administration, personnel, curriculum and pedagogy, assessment, fiscal management, facility and safety, and special services. The accreditation process is designed to assist schools in achieving a standard of excellence and provides the framework for the on-going School Improvement Program (SIP) of the school.

The NCCSA accreditation program has been formally recognized by the North Carolina Division of Non-Public Education. The NCCSA accreditation program is also approved by the National Council for Private School Accreditation (NCPSA) through a co-accreditation agreement with the North American Christian School Accrediting Agency (NACSAA). As part of the onsite team visit, a representative of the NACSAA participated in the peer review and report writing process. As a member of the National Council for Private School Accreditation, NACSAA partners with the Middle States Association Commission on Elementary and Secondary Schools (MSA-CESS) to provide co-accreditation to NCCSA and NACSAA member schools desiring to pursue regional accreditation.

PRESCHOOL AND TRANSITIONAL KINDERGARTEN

OPENING STATEMENT:

The guidelines in this handbook are very important and should be followed. One of our main concerns is the safety and well-being of your child. These procedures are designed with this in mind. Please also understand that some of these policies are required by the State of North Carolina. Therefore, compliance is not an option. If, at any time, you have a question concerning anything in this handbook, please ask for clarification.

MORNING ARRIVAL:

- Drop-off time begins at 7:30 a.m. Parents should use the front parking lot at Falls of Neuse Road (in front of the chapel) or park in the side lots by the school. Do not park in the drop off circle and get out of your car. The circle is for DROP-OFF only and you must walk your child to the door. Access through the "A" building will be available from 7:30-8:00 a.m. Remember parents are required to park their vehicles in a parking space and bring their children to the classroom.
- Our school day begins at 8:00 a.m. Our classes are NOT designed for drop-off at any time of the morning. Parents are asked to have their children in the classroom by 8:00 a.m. each morning. Parents are also asked to leave the classroom by 8:00 each morning so that class may begin on time. (In some cases, the teacher may ask you to leave your child at the door and not come into the classroom. The reason for this is NOT to keep you out. It is because of limited classroom space and so that the teacher may develop a routine with her students in the morning.)
- **AT NO TIME MAY A CHILD**
 - **Walk unattended to their classroom.**
 - **Walk unattended from the car line to their classroom.**
 - **Be left alone in the lunchroom or any other area of the school.**
 - NOTE: These issues are a matter of State law. Our preschool could lose its license if these rules are not followed. You could be asked to withdraw your child from our program for not following these rules.
- **AT NO TIME SHOULD A PARENT**
 - **Leave their car in the car line to escort a child to the classroom. Your vehicle needs to be parked in a parking space.**
 - **Leave young siblings in vehicles to bring their preschooler to the classroom.**
 - **Leave a child in their classroom if a responsible adult is not present.**
 - NOTE: These issues are a matter of FCS procedure. Again, you could be asked to withdraw your child from our program for not following these guidelines.

DEPARTURE:

School dismisses at 2:20 – 2:30 p.m. If the weather is nice, the children will most likely be on the playground. Otherwise, class will be dismissed from the classroom.

- You do have the option of picking up your child at 12:00. Please make sure to be on time. The class is scheduled to be at their lunch time by 12:10.
- If you choose to pick up your child on an occasional basis early, please call or send a note when you are planning to do so. Please avoid picking up your child during naptime from 12:40 - 2:00 p.m. so as not to disturb the other sleeping children. If you arrive early, please wait until 2:00 p.m. before coming to the classroom.

AFTERCARE:

Aftercare begins at 2:45 p.m. If your child is not picked up by then, they will automatically be placed into our aftercare program. Billing for Preschool and Transitional Kindergarten aftercare begins at 3:00 p.m.

PICK-UP PERMISSION SLIPS:

- You are to provide names of every person who has permission to pick up your child from our school. If someone comes for your child whose name is NOT on that list, they will not be allowed to get your child. Also, if someone comes to get your child and we do not know them (even if their name is on the list), we will ask to see picture I.D. If that person does not have it, your child will not be allowed to leave with them.
- If you are sending someone to get your child whose name is NOT on the list, please call the school or send a note ahead of time to avoid any confusion. Instruct that person to bring a picture I.D.
- *****VERY IMPORTANT!!** If there is a custody issue concerning your child, we need copies of the court documents showing the custody agreement. If the custody agreement changes, we need to be notified. If a parent has the legal right to pick up their child from school, we cannot refuse permission simply because you did not include their name on the Pick-up Permission slip.

POTTY-TRAINING:

- Your child must be completely potty-trained in order to begin our program. If your child is wearing a pull-up, he is not completely potty-trained. If he is having one accident a week, he is not completely potty-trained.
- Our program is not designed or approved by the State of North Carolina to accommodate children who are not completely potty-trained. We do not have approved facilities in which to change them or the extra staff needed to handle it. Sanitary concerns for staff and students and individual privacy are also issues.
- In order to avoid confusion, we have established the following guidelines for dealing with this issue:
 - No child may wear pull-ups or training pants to school.
 - If your child has an accident at school and cannot change himself, you will be called to come and take care of it.
 - If your child has another accident in close succession, you will be asked to keep your child at home until the situation is under control.
 - If there is an ongoing problem and you have to keep your child at home, we will hold your child's space in our program for a period of one month.

DISCIPLINE:

- Your child will be taught that there are consequences for their right and wrong actions. They will be rewarded when they follow the rules and obey their teacher, and they will receive consequences when they do not follow the rules and obey their teacher. Each teacher will have classroom rules and discipline procedures inside the classroom. If discipline becomes a problem, you will be notified. We do not administer corporal punishment, but you may be called and asked to come and address a situation. Always feel free to let us know if you have concerns regarding discipline in the classroom.
- If behavioral problems persist and cannot be resolved in a timely manner, a conference between you and the teacher and/or the administration will be set up. If behavior cannot be brought under control after a plan of action has been established, then the administration will have the option of removing the child from the program. This decision could be made at any point during the school year that your child's behavior prevents the teacher from being able to conduct a normal school day.

DRESS CODE:

Friendship Christian School has established guidelines for dress for both students and parents. The dress code for our preschool and transitional kindergarten students is a little different from the rest of the school and is outlined in the following section. However, the dress code suggestions for the parents, on campus or at school events, are the same whether you have a child just in the preschool program or in the elementary or high school.

- ***The following dress code has been established for our preschool program. This dress code still requires that your child's appearance be neat and clean at all times. Extremes will not be allowed.***
- **GIRLS MAY WEAR:**
 - Shorts, Capri pants (knee length or longer)
 - Pants, wind pants, sweat pants
 - Dresses - Most styles are fine as long as they are knee length or longer.
 - Sundresses are not approved.
 - Skirts (knee length or longer)
 - Shirts – with or without collars (no tank tops)
 - All clothing must be loose-fitting and modest. If skirts or pants are worn and the shirt is tucked in, it must be long enough to stay tucked in. If the shirt is not tucked in, it must be long enough to fully cover the midriff when your child raises her hands over her head. No shirt may be short enough to show the midriff at any time.
- **BOYS MAY WEAR:**
 - Pants
 - Jeans
 - Wind pants, sweat pants
 - Shorts (knee length or longer)
 - Shirts – with or without collars (no tank tops or sleeveless shirts)
 - Hair must be combed neatly and cut regularly. The hair should not be over the eyebrows, tops of the ears, or shirt collar in the back. The hair should not become curled at the ends because of excessive growth. Hair color should be of a natural hair color. Hairstyles should be conservative in nature. This standard means no excessive spiking of hair, excessive bushiness, carving of letters or symbols, shaving of head or lines in the hair. Any color or style that cannot be corrected will cause the student to be dismissed.
- **BOYS AND GIRLS:**
 - Shirts with or without collars may be worn. Designs on shirts are okay, but shirts should not contain scary or inappropriate characters or writing.
 - Students do not have to wear a belt, but pants or skirts must stay up without one. PLEASE do not put a belt on your child if they cannot unfasten/fasten it themselves.
 - Socks are not required. Flip flops or shoes without backs are not allowed. Shoes must have a strap on the back for safety reasons.
 - Coveralls are acceptable only if your child can fasten/unfasten them by themselves when wearing them.
- **GENERAL NOTES REGARDING DRESS CODE:**
 - Students may be required to wear dress clothes for picture days and other special days. You will be notified when this is to happen.
 - If your child wears something to school that does not meet the requirements, we will send a note with the reason why.
 - There are no calendar restrictions associated with this dress code. Please dress your children appropriately based on current weather conditions. During transitional periods, please send a coat or jacket if in doubt.
 - Holiday symbols on clothing such as witches, ghosts, goblins are not appropriate (scary or not). Any type of tattoo on any part of the body is not allowed.

FOOD PREPARATION:

- ALL FOOD SENT WITH YOUR CHILD MUST BE LABELED WITH YOUR CHILD'S NAME **BY YOU** EACH DAY. The food is removed from their lunchbox and sorted depending on whether it is a snack or lunch item and whether it needs to be heated or refrigerated.
- Please label food items with your child's name at home. There is NO time to do this once you arrive in the morning. If you send morning and afternoon snacks, please designate which one is

for which snack time if you have a preference for your child. You may use tape, permanent marker, labels, etc., to label your child's food.

- Please do not send "weekly" supplies of food or drink for your child. These items should be sent fresh and clean daily from home. We do not have the means to store supplies of food and the Health Department does not allow food to be stored in your child's cubby.

SNACK TIME:

The State of North Carolina recommends the types of food and drink appropriate for your child's snack. The list provided is a good one with many things from which to choose. PLEASE DO NOT SEND chips, cakes, candy, gummy bears, fruit chews/roll-ups, chocolate, brownies and such for your child's morning snack. If your child's snack requires utensils, please send disposable ones.

LUNCH TIME:

- You have the option of purchasing lunch or sending one for your child. PLEASE NOTE THAT IF YOU WANT TO ORDER LUNCH, IT NEEDS TO BE DONE ON FRIDAY FOR THE ENTIRE FOLLOWING WEEK. A lunch order form will be sent home on THURSDAY for you to complete and return the following day (FRIDAY) along with the payment. (See PAYMENTS.)
- The State of North Carolina requires that your child drink milk for lunch. UNLESS YOUR CHILD HAS A DOCUMENTED FOOD ALLERGY TO MILK, THIS IS NOT OPTIONAL. If your child does have a problem with milk, we need a doctor's note so that we may place it in your child's file.
- FCS offers white or chocolate milk for you to purchase or you may send milk from home. You have the option of sending milk money daily or in a lump sum at the beginning of the week using the lunch order form. (See PAYMENTS.) If you send milk from home, please use a container that WILL NOT leak. If you send your child's lunch, you may send sandwiches or items that can be simply warmed up. (Please include warm-up instructions.) If an item needs a plate or bowl in which to be warmed, send that as well. Disposable is preferred. Please send disposable utensils as well.
- Do not send items that have to be "put together" before they are warmed such as pizzas, tacos, etc. Also, please do not include directions that require the lunchroom workers to take off certain items that your child will not eat.
- You are invited to join your child for lunch any time. We do ask that you understand our lunchtime rules and help your child to abide by them while you are present.

SNACK LIST:

- Fresh vegetables
- Fruit - fruit cups, fresh & frozen fruit, etc.
- Applesauce
- Yogurt
- Granola bars
- Pretzels
- Trail mix
- Bagels
- Biscuits - with or without meat/cheese
- Muffins
- Graham crackers
- Rice cakes (including Rice Krispie treats)
- Animal crackers
- Goldfish
- Teddy Grahams
- Cheese
- Pop tarts
- Crackers - with or without peanut butter, cheese, etc.
- Oatmeal cookies (no icing, without cream filling)
- Vanilla wafers

- Chex Mix
- Dry cereal

DRINKS (optional at snack time):

- Milk
- 100% juice

PAYMENTS:

- Money for your child's lunches and milk should be put in a zip-lock bag and placed in your child's folder. It should NOT be put in their lunchbox or their book bag. The zip-lock bag should be CLEARLY labeled with your child's name. It should also contain a note regarding the money's use.
- **You should take all payments for things such as aftercare and tuition directly to the school office.** PLEASE do not send these payments in your child's folder for us to turn in for you.
- Payments for class functions such as parties, book orders, etc. should be sent directly to the teacher in your child's folder.

COMMUNICATION:

Communication is vital to a good school year. Please bring your concerns directly to the teacher. However, please do NOT do this in the morning when you drop off your child. This is a very busy time. If you need to talk to the teacher, send a note in your child's folder requesting a phone call or conference time. You may also call the school office and leave a message. The teachers will respond to you in a timely manner, usually the same day.

THE FOLDER:

We communicate with you through your child's folder. We will send all school information, news, school work, progress reports, notes home, etc., in the folder. If you need to let us know something, you may write a note and send it in the folder. IT IS ABSOLUTELY NECESSARY that you check your child's folder DAILY, and return it to school DAILY. We also need you to empty it daily. Please do not leave papers inside.

SICKNESS:

- FCS does not have a school nurse or sick room. If your child is sick, DO NOT send them to school. Once sickness--with or without a fever--is evident, your child will be taken to the office, and you will be called to come and get them. If your child has a fever, they must be fever-free for 24 hours before they may return to school.
- **PLEASE NOTE:** Nasal drainage can be an issue in the classroom. Small children are not always able to keep their noses and faces clean. Additionally, yellow and green drainage can be an indication of infection. This causes additional concern because of the risk of infection to others. Therefore, if your child is found to have yellow or green nasal drainage, you will be asked to keep them home from school. If your child has clear drainage but is unable to keep their own nose and face clean, you will be asked to keep them home from school.

MEDICATIONS:

We do not administer any medications to your children. If your child needs an antibiotic, ask the doctor for one that can be given once or twice a day. Any unusual situations may be addressed individually with the administration.

TOYS:

Please do not allow your child to bring toys and other personal items to school. The toys can be distractions that keep your child from learning. Also, there is a risk that a toy may become lost or broken. If a preschool teacher has a *Show and Tell* time, they will set guidelines for items that can be brought.

LABELING:

Every item your child has at school should be permanently labeled with their name. This includes book bags, blankets, sheets, supplies, items of clothing, coats, etc. If something belonging to your child is lost and it is not in the classroom, you may check the *Lost and Found* to see if it is there.

CHANGE OF CLOTHING:

- Your child needs to have a complete change of clothing at school at all times. This change of clothing should be placed inside a large zip-lock bag. The zip-lock bag should be labeled with your child's name and each item of clothing inside the bag should be labeled with your child's name. Items in the bag should include:
 - A complete outfit appropriate for the weather.
 - A change of underwear and socks.
 - A change of shoes would be nice but not required.
- This change of clothing will remain in your child's cubby at all times. If your child has an accident during a school day and the change of clothing is used, a replacement should be sent the next day. Also, you may want to check it periodically to see if your child has outgrown the clothing or that it is still appropriate for the time of year.

NAPTITUDE:

- Our program includes naptitude for your child if they stay for the entire school day. We provide mats for each child. You will need to provide a crib sheet labeled with your child's name. Your child may also bring the following for NAPTITUDE only:
 - A bed buddy as long as it is one that STAYS AT SCHOOL. (It should be small enough to fit inside your child's mat.)
 - A blanket as long as it is one that STAYS AT SCHOOL. It should be labeled with your child's name.
 - You child may not bring a pillow.
- We will send the sheets home once a week on Fridays to be washed. We will send blankets home approximately once a month and before every long holiday. Please remember to send them back to school the following Monday.

SPECIAL PRESCHOOL EVENTS:

- The following is a list of special events that may occur throughout the year:
 - Fall Party
 - Thanksgiving Feast
 - Christmas Party
 - Valentine's Day Party
 - Spring Party
 - End of the Year Party
 - Graduation Program
- Parents are invited to attend when possible.