

Exams! Does that stand for “**EX**treme **A**cademic **M**ental **S**tress” ?

No way! Here are several tips for students to prepare to be successful during exam week.

1. Plan ahead.

Look at your schedule over the next 10 days or so to be sure you are allowing time each day for study time. Cramming one or two nights before an exam is *never* the best way to prepare for any test, much less a comprehensive one. Begin studying now by reviewing previous tests and making sure you have marked topics/content that needs to be reviewed multiple times. Those of you in band and choir should prepare early for Friday’s exam knowing that the Christmas program rehearsal will take place the night before (Thursday, December 15, 6:30 pm). Because of this, only one exam is scheduled for Friday (along with ice skating) so Friday will be a lighter exam day. My suggestion is to prepare now for the Thursday exam (Bible) and Friday exam (middle school--2nd period exam, high school-- 4th period exam). Refer to full schedule below.

2. Follow the teacher’s directions and guidance.

Since the teacher created the test, he is most qualified to inform you of what you are expected to know. Your teachers are sending out emails and noting items on Renweb, Curriculum Loft, or Google Drive that will help you as you prepare for exams. Read each one. Several teachers are beginning exam review either tomorrow or Monday as they anticipate the Christmas program. Pay attention! Remember, the teachers want you to succeed.

3. Prioritize.

There are two thoughts for this. First, consider the exam schedule to make sure you are preparing for the exams in the order you will take them. Please note that we are giving extra study time next week for you to study, and teachers are reserving class days for the express purpose of exam preparation. Second, make sure you devote ample time to the subjects that are difficult for you. It would be easy to spend a lot of time on an easier subject and neglect one that might be more difficult. Avoid that pitfall by preparing appropriately for all of your exams.

4. Organize a quiet place.

Find a quiet place to study (turn off the cell phones and TV) and organize your materials for easy access. Make sure you have all notes, previous tests and essays, and textbooks that you will need in one place so you aren’t wasting time trying to find items.

5. Find creative ways to review.

Study groups, Quizlets, flashcards, and study partners all have their places for review. Talking through and demonstrating concepts may help you to solidify what you know. (If you can teach it to someone else, you must know it well yourself). Find a method that works for you.

6. Take short study breaks (with snacks) and get plenty of rest.

Be sure you are using your time efficiently. This may include getting up and moving around and grabbing a good snack, too. Keep an early bedtime--even over this weekend. Adequate sleep and nutrition can be just as important as any other form of preparation. Don’t neglect this one!

See full exam schedule below:

High School and Middle School Exams December 15-20, 2016

High School

Middle School

Thursday, December 15th

7:55-1:00	1 st – 5 th periods and lunch	7:55-12:04	1 st -4 th periods and lunch
1:00 - 1:30	Study Hall	12:04-12:54	6 th period
1:30 – 3:00	Exam 7 th Period	12:58 – 1:30	Study Hall
		1:30 – 3:00	Exam 7 th Period

Christmas program rehearsal for band and choir students at 6:30 pm. Mr. and Mrs. Brondyke will communicate details.

Friday, December 16th

7:55 – 9:00	Study Hall	7:55	Homeroom check-in
9:00-9:10	Break	8:00-11:00*	Skating
9:10-10:40	Exam 4 th Period	11:00-12:00	Study hall
10:45-11:15	Pizza lunch	12:00-12:30	Pizza lunch
11:25-2:00*	Skating	12:30-2:00	Exam 2 nd Period
2:00-3:06	T.B.A.	2:00-3:06	T.B.A.

Christmas program begins at 6:30 pm. All band and choir students are participating.

Monday, December 19th

7:55 – 9:00	Study Hall	7:55-9:00	Study Hall
9:00-9:10	Break	9:00-9:10	Break
9:10-10:40	Exam 1 st Period	9:10-10:40	Exam 1 st Period
10:40-12:00	Study Hall	10:40-11:30	Study Hall
12:00-12:30	Lunch	11:30-12:00	Lunch
12:30-2:00	Exam 2 nd Period	12:00-12:30	Study Hall
2:00-3:06	Study hall (5 th)	12:30-2:00	Exam 6 th Period
		2:00-3:06	Study hall 3 rd /4 th exam

Tuesday, December 20th

7:55 – 8:30	Study Hall	7:55-8:30	Study hall
8:30-10:00	Exam 5 th period	8:30-10:00	6 th grade Exam 3 rd Period
10:00-10:10	Break	10:00-11:00	7-8 th Study Hall
10:10-11:00	Study hall	11:00-12:30	7-8 th grade Exam 4 th Period
11:00-12:30	Exam 3 rd period		
12:30	Dismissal—no after care	12:30	Dismissal—no after care

See notes about exams continued below.

- Students must be on time for all study halls and exams. Students must attend the study hall before the exam. Failure to show up for study halls and exams without a Doctor's note qualifies as a 0% on the exam. Students are not permitted to leave the classroom early if they finish the exam. They must stay in the classroom until the exam period is over.
- If a student does not have an exam and their parent cannot pick them up from school or bring them late, we will have a place for them to be watched.
- A 0% exam grade will be recorded if tuition payments are not up to date.
- Exam schedules are determined by the administration; the exam dates are posted in advance. Students should plan to be at school each day during exam dates. Students will not be permitted to take an exam at an alternate time. Students who miss an exam time are subject to earning a zero on the exams missed.
- STUDENTS (9th-12th) MUST HAVE COMPLETED AND TURNED IN THEIR CHRISTIAN SERVICE HOURS TO RECEIVE THEIR BIBLE EXAM GRADE. The hours need to be turned in before the Bible exam is given. We have reminded students constantly. The Bible exam is 70% Bible material and 30% Christian Service Hours and will not be adjusted at a later time.
- ***There is a \$7.00 charge for ALL middle and high school students for Dec 16. It pays for rink rental, skates, 2 hours of skating, pizza and drink. Price is the same regardless if the student skates or not. Friday's schedule from 2:00-3:06 is to be determined and will be announced closer to the exam time.**
- **Below you will find the standard master schedule of classes listed by content, not necessarily by course name. This may help you as you prepare for exams. This is NOT the order of the exams—just the order of the class day by period.**

Period	6th	7th	8th	9th	10th	11th	12th
1 st	English	Math	Science	Science	English	Spanish or APUSH	Math
2 nd	History	Science	Math	Health	Spanish or World History	Chemistry	*Speech or *Music Apprec.
3 rd	Math	No exam	No exam	Geography	Biology	Math	English
4 th	No exam	History	History	Math	Spanish or Honors W. Hist.	English	*Gov't or *Econ
5 th	No exam	No exam	No exam	English	Math	Spanish or U.S. History	Science
6 th	Science	English	English	No Exam	No Exam	No Exam	No Exam
7 th	Bible	Bible	Bible	Bible	Bible	Bible	Bible

*Seniors can be exempt from these courses with an A average and 5 or fewer absences.